

# Defensive Tactics

for Security Officers & Crowd Controllers

## Defend Yourself Effectively!

*Can you prevent a drunken guy from being violent...*

*...and make sure that everyone is protected...*

*...and still defend yourself and your colleagues if you need to?*

The **DEFENSIVE TACTICS** training course will give you the skills and abilities to handle any situation.

**For a long time, these very techniques were only being taught in the UK and the USA, and now YOU can learn them right here in Australia!**

**Places are Limited To Secure Your Spot at the Next Defensive Tactics Workshop! Register Online at...**

**[www.AdvancedDefensiveTactics.com/next-course/register-for-courses](http://www.AdvancedDefensiveTactics.com/next-course/register-for-courses)**

**or Call Paul on 03 9532 5476 to book your spot now!**

Programs are conducted for **Basic, Intermediate** and **Advanced** levels and start from ONLY \$240! This is the ONLY Internationally Accredited Defensive Tactics Course of it's Kind Being Taught in Australia!

**[www.AdvancedDefensiveTactics.com](http://www.AdvancedDefensiveTactics.com)**

***"...simple and quick, yet powerful and effective..."***

Self-Defense Strategist Paul Mracek will take you through his easy to apply training, including:

- Learn how to defend yourself in any situation whilst keeping calm and being responsible
- Learn how the human body is balanced, and how to use this to defend yourself and others
- How to overcome a sudden violent encounter and use it to your advantage
- How to strike with **DOUBLE** your **IMPACT** but only **HALF** the **EFFORT!**
- Field-tested techniques which have been proven to have the most effect
- Lots of opportunities to get the techniques right with practical exercises